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| **Two-Year Grid for SPHE** | | | | | | | | | |
| Create a two-year grid for SPHE. Ensure that five strand units are taught each year, at least one from every strand. | | | | | | | | | |
| **Myself:**  Self-identity  Taking care of my body  Growing and Changing  Safety and Protection  Making decisions (3rd – 6th Class) | | | | | **Myself and Others**  Myself and My Family  My friends and other people  Relating to others | | | **Myself and the Wider World**  Developing Citizenship  Media Education | |
|  |  | **Year One** | | |  | **Year Two** | | |
|  |  | **Strand** | **Strand Unit** | |  | **Strand** | | **Strand Unit** |
| **Sept/Oct** |  | **Myself** | **Self-Identity** | |  | **Myself and others** | | **My friends and other people** |
| **Nov/Dec** |  | **Myself and others** | **Myself and my family** | |  | **Myself and the wider world** | | **Media Education** |
| **Jan/Feb** |  | **Myself** | **Taking Care of My Body**  **Safety and Protection (Stay Safe) Junior & Seniors 3rd & 4th** | |  | **Myself** | | **Safety and Protection (Stay Safe)**  **1st & 2nd, 5th & 6th** |
| **March/April** |  | **Myself and Others**  **Myself** | **Anti Bullying**  **RSE Sensitive Lessons**  **Growing and Changing** | |  | **Myself** | | **Anti Bullying**  **Making Decisions (3-6) Infants to second complete the safety Issues section of Safety and Protection** |
| **May/June** |  | **Myself and the wider world** | **Developing Citizenship** | |  | **Myself and others** | | **My Friends and other people** |