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| **Two-Year Grid for SPHE** |
| Create a two-year grid for SPHE. Ensure that five strand units are taught each year, at least one from every strand. |
| **Myself:**Self-identityTaking care of my bodyGrowing and ChangingSafety and ProtectionMaking decisions (3rd – 6th Class) | **Myself and Others**Myself and My FamilyMy friends and other peopleRelating to others | **Myself and the Wider World**Developing CitizenshipMedia Education |
|  |  | **Year One** |  | **Year Two**  |
|  |  | **Strand** | **Strand Unit** |  | **Strand** | **Strand Unit** |
| **Sept/Oct** |  | **Myself** | **Self-Identity**  |  | **Myself and others** | **My friends and other people** |
| **Nov/Dec** |  | **Myself and others** | **Myself and my family** |  | **Myself and the wider world** | **Media Education**  |
| **Jan/Feb** |  | **Myself** | **Taking Care of My Body****Safety and Protection (Stay Safe) Junior & Seniors 3rd & 4th**  |  | **Myself** | **Safety and Protection (Stay Safe)****1st & 2nd, 5th & 6th**  |
| **March/April** |  | **Myself and Others****Myself** | **Anti Bullying****RSE Sensitive Lessons** **Growing and Changing** |  | **Myself** | **Anti Bullying****Making Decisions (3-6) Infants to second complete the safety Issues section of Safety and Protection** |
| **May/June** |  | **Myself and the wider world** | **Developing Citizenship** |  | **Myself and others**  | **My Friends and other people** |